

An inclusive
wellness space that
serves parents &
families who are
hungry for
information about
pregnancy, birth &
raising healthy,
happy children of
all ages – while
supporting the
caregivers as well.



CONTACT

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baby
botanica

SPACE TO GROW, LEARN & BUILD COMMUNITY

WHO WE ARE

Baby Botanica is a space, a place, and a frame of mind; a space that welcomes, nurtures and inspires; a space that encourages communication, conversation, and sharing; a space that's home to a unique and welcoming community.

Baby Botanica provides freedom to learn, to be social, to heal, and to develop in many different ways, guided by co-operative member care professionals and visiting care professionals.

It is a place that's alive with positivity, possibilities, knowledge, healing arts, and wisdom. Come join us and join in. A future full of wonderful experiences awaits you.

Where new and evolving families gather to grow, learn and build community. Baby Botanica is unlike anywhere else you've ever been.



WHO WE SERVE

- Growing and evolving families
- Parents-to-be and new parents
- Young people from infants to teenagers
- People looking for childbirth and parenting expertise
- Parents who want to know about everything from childbirth to sleeping habits, breastfeeding to baby yoga
- Those seeking excellent practitioners of many different healing modalities
- People who want to meditate, practice yoga, or even go on a jog with others

BE A PART OF THE BABY BOTANICA FAMILY

By sharing & learning together, we are able to feel braver, stronger, wiser, kinder & better informed.

WHAT WE OFFER

SERVICES

- Wellness & Counseling
- Chiropractic, Massage, & Pelvic Floor Physical Therapy
- Esthetics & Healing Arts
- Homeopathy
- Lactation Support
- Life Coaching & Mental Wellness
- Fitness Coaching
- Birth & Post Partum Support

CLASSES

- Family Wellness
- Parenting Education
- Prenatal & Birth Education
- Yoga & Fitness
- Play & Learn for Babies
- Learn & Grow for Kids
- Teen Workshops
- Variety of Free Meet-Ups & Groups

